**Monthly Communion Pickup at St. Luke’s**

While in-person worship is suspended, the Episcopal Diocese of Maryland is allowing churches to distribute Holy Communion. Recently guidelines have been amended for remote distribution to now take place twice per month. Our bishops have emphasized that this practice will not become a normalized way of receiving communion, but is a pastoral response to the extraordinary circumstances of the pandemic.

**Next Dates for Pickup**

The next dates to pick up are **Saturday, May 8 from 1 to 3pm and Saturday, May 22 from 1 to 3 pm**  to receive during worship the following Sundays.

**Who can receive Communion?**

Anyone who is planning to worship with us through Zoom, by phone, or on Facebook Live is welcome to receive. Gluten-free communion is also available.

**What if I can’t make it that day?**

If you are unable to pick up communion during the designated hours and do not have someone who can pick up for you, please contact Pastor Diana Carroll at 410-921-0157 to make alternate arrangements.

**What should I do with the packaging after receiving Communion?**

In order to treat all of the consecrated bread and wine respectfully, please take a moment after the service to put a few drops of water into the compartment that contained the wine, swirl it to pick up any remaining drops of wine, and then either drink the water or pour it out onto the ground. Then please recycle the container! Similarly, if for any reason you prefer not to receive the wine, please either have another member of your household drink it for you or pour it onto the ground, then follow the instructions for cleaning the container above.